



# GATEWAY GAZETTE

*The Official Publication of the Gateway Chapter Paralyzed Veterans of America  
A Member Chapter of the Paralyzed Veterans of America*



## The Gateway Chapter Annual Trap Shoot

By Susan Lyle



**Grand Champion,  
James Smith**

Our very first “annual” trap shoot was held on Friday, June 7, and we had quite a turnout. As many of you may recall, we were doing trap shoots in Illinois six times per year, but attendance was wavering. However, this year we had one local event off Missouri Bottom Road at the Gateway Gun Club. The facility and staff were awesome. It was not only accessible, but large enough to accommodate all of our shooters, volunteers and staff. I saw familiar old faces and lots of new faces, too, but nothing more satisfying than the smiles which appeared on all of them (in part because the weather was so beautiful). We served fried chicken, biscuits, potato salad and green beans to everyone for lunch and it was delicious! Wow, all I can say is it truly was a perfect day.



**First Place Para,  
Jim Trombley**



**First Place Quad,  
James Williams**

Now for the really important news – Our “Shoot for the Gold” Grand Champion was also last year’s First Place Para winner, James Smith. So, congratulations, Jim! It appears that old adage rings true - practice makes perfect. Ironically, my three amigos were all “Jims.” Our Grand Champ was Jim Smith, First Place Para was Jim Trombley and First Place Quad was James “Jim” Williams. The Gateway Chapter PVA paid for the entire event, from the shells/rounds to the lunch to the magnificent trophies and transportation for some of the shooters. However, I want to mention that one special chapter member, Mr. Yoder, gave a \$200 donation to put toward this year’s trap shoot expenses. Thank you Gordon, from the bottom of our hearts! The guys enjoyed a day out that they’ll never forget.



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*“Veterans with Spinal Cord Injury or Disease, Living Life to the Fullest”*

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<http://www.gatewaypva.org>

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**National Veterans  
Wheelchair Games**

July 13-18, 2013  
Tampa, Florida

**MDWSA Summer Splash**

July 26-27, 2013  
Creve Coeur Park

The Missouri Disabled Water Ski Association is holding their annual "Learn to Water Ski" clinic for the disabled at Creve Coeur Lake. For more information or to register, visit: [www.MDWSA.org](http://www.MDWSA.org).

**★ATTENTION MEMBERS★**

Nomination ballots for the 2013-2014 BOD are included in this issue of the Gazette. Please take the time to fill them out and send them back to our office by July 30. See page 9 for further details.

**Kansas City Membership Forum**

August 9, 2013—Worth 5 pts for members!  
1:00 p.m. (lunch will be served)  
Kansas City VA Hospital in the Hall of Heroes  
4801 Linwood Blvd.  
Kansas City, MO 64128

**Veterans Appreciation Day**

August 17, 2013—Worth 10 pts for members!  
Noon-6 pm  
High Ridge Elks  
2808 Old Hunning Rd.  
High Ridge, MO 63049

**Mark Your Calendar: Annual Membership Picnic at Des Peres Park will be Friday, September 27 from 10 a.m.—3 p.m.**



**Gateway Chapter  
Paralyzed Veterans of  
America**

**Has your address changed? Please inform us by email: [susanlyle@gatewaypva.org](mailto:susanlyle@gatewaypva.org), or you may write or call us at the following:**

**Gateway Chapter PVA  
1311 Lindbergh Plaza Center  
St. Louis, MO 63132  
Office (314) 427-0393 or (800) 426-4058  
Fax (314) 427-4183**

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**[editor@gatewaypva.org](mailto:editor@gatewaypva.org)** or via US mail at the address shown to the left and send to the attention of the editor.



## President's Message

By Stanley D. Brown



### *Summer 2013*

Summer is thankfully upon us. On one of the early 90° days my air-conditioning system decided to call it quits. A new system costs over \$2,000 and since I plan to move within a few months and my house will be demolished to make way for a new “mini mansion,” my frugal (some would say cheap) nature prevented me from the cash outlay. Instead I bought two portable units with the Home Depot 10% veterans’ discount. We’ll see how that works. From past experience I would advise all of our members to take precautionary measures during the hot summer while we sit in dark-colored wheelchairs that absorb the heat. I personally have found using a moisture blocking cream/ointment with zinc oxide, helps keep my bottom dry.

### *Upcoming Events-Get Involved*

By the time this message reaches everyone we will have had our now annual “Shoot for the Gold” trap shoot. I’m really hoping for a good turnout to gauge interest in this program. We also have the PVA National Veterans Wheelchair Games scheduled July 13-18, this year in Tampa, Florida. In September we will have our very first “Veterans Outdoor Expo” at the YMCA Trout Lodge being organized by our recreation therapy folks with equal participation, hopefully, from Gateway and Kentucky-Indiana Chapters’ members. Contact Charley or Matt at 314-652-4100 to sign up for this great event. Gateway, like most PVA chapters, uses a participation points system where chapter participation (detailed on our website under the “Sports” tab) can be converted to funding for these events. If participating in these types of programs does not interest you, participation points can always be used for gift cards at various dining and entertainment establishments, but one must be proactive in claiming or redeeming their points. Points can also be easily earned by securing clothing donation drop boxes on behalf of PVA. Susan and I have written about this program in past newsletters and frankly, there hasn’t been much of a response. Lastly, so you can mark your calendars, I will mention our September 10, 2013, 18th Annual Jack Buck/Gateway PVA Golf Tournament. This is clearly our biggest fundraiser and attendance by our membership is crucial. By attending the tournament, you will receive 20 points, which historically has translated in up to \$200 worth of funding for national sports events. We auction off several items for this event, so I would urge everyone to talk to local merchants to see what they could donate. Contact our Executive Director, Susan Lyle, for details on how you can help us raise money.

### *Gateway's “Living Life to the Fullest” Award Given to Marvin Foster*

In June, Bob Huskey and I will pay a surprise visit to our member, Marvin “the Hammer” Foster, to present him with Gateway PVA’s most prestigious honor: a “Living Life to the Fullest” inscribed plaque. The Gateway Board of Directors unanimously voted to give this award to Marvin for his 37+ years flourishing with a high level spinal cord injury which he received while on active duty in the Marines. Marvin has met this challenge always with a smile and has been active in the crafts room at the SCI Unit over the years, as well as participated in PVA events. Marvin serves as an enduring spirit to all of us.

### *Free Cardinals Baseball Tickets for September 11, 2013*

We have just received several complimentary wheelchair accessible tickets and even more able-bodied tickets from the Cardinals organization for the Wednesday, September 11, 2013, 7:15 p.m. game against the Milwaukee Brewers. These seats are all in the same area, but albeit higher up and not field box seats (they are Infield Pavilion Sections 357 and 358). Members and Associate Members are eligible, but priority will be given to members first. You may apply for one wheelchair ticket and two to four accompanying able-bodied seats for your family or friends. Please respond by phone or email no later than 5:00 p.m. on Wednesday, August 14. The drawing will be held at the member/patient luncheon at Jefferson Barracks the following day.

## 2013 Duke McDonald/

### Gateway PVA Local Wheelchair Games

By Matt Luitjohan

The SCI Center hosted our 35<sup>th</sup> Annual Duke McDonald Local Wheelchair Games on Friday, May 3, this year and like many before, it was a rainy, overcast day. Someone made a joke saying next time there's a drought just



schedule the local games and the drought will end, how true that statement seems to be! Next year we are going to try to schedule the local games for the second Friday in May to see if that makes a difference. Even though the weather was crummy, we had an excellent day filled with athletic competition. Thanks to the 28 athletes that braved the torrential downpour to come out and participate, not only from St. Louis, but also from the Kansas City VA and outside the VA. We

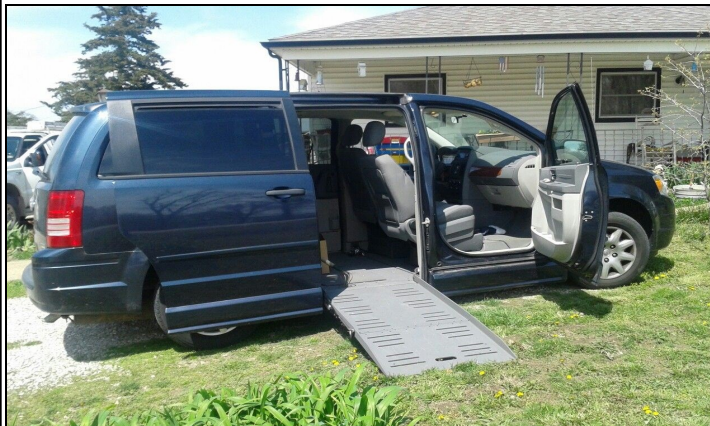
will continue to encourage all of you to be as active as possible in whatever things you are interested in. The local games are just one example of the activities we have for you. If there is anything that you are interested in trying or participating in, please give Charley or me a call. I'm willing to bet we have a program that will be of interest to you or can link you with one provided by one of our community partners. I would like to close by thanking a bunch of people that made the local games possible, and if you see any of them please thank them also: all of the staff that assisted from the SCI Unit and Building 53, all of the wonderful volunteers-including Nicole Bormann's parents who helped with the Slalom, and Karen Wait's son, Jake Brooks, for helping with weightlifting. I would also like to thank our good friend, Cheryl Youngwalter, who moved from Point Elementary to Oakville High School this year and brought a bus of delightful and helpful students to assist with everything; the DeSoto VFW for cooking; Seeds of Hope and Change for serving the food and helping as needed;





## Accessible Van For Sale

2008 Dark Blue Chrysler Town & Country—  
The van has less than 40,000 miles and the asking  
price is \$25,000.  
Contact Sera at (314) 540-2923



### *In memory of...*



Raymond Douglas	Excello, MO	08/19/12
Robert Lane	Fairfield, IL	01/01/13
Gerald Rav	Bonne Terre, MO	03/18/13
Erik Syvertsen	Waynesville, MO	04/14/13
Robert Thompson	Kansas City, MO	02/22/13
Norman Trigg	Kansas City, MO	02/02/13
Leo Walsh	Kansas City, MO	12/20/12



*Please have someone contact our Chapter in the event of a member's death so that we can update our database, as well as inform other members who might wish to pay their respects to the departed.*

### Gateway Chapter PVA Wishes to Welcome Our New Members

Alexander Beaton ..... St. Peters, MO

Mark Cline..... Overland Park, KS

Michael Glover ..... Fenton, MO

Darren Richardson ..... Overland Park, KS

Edmond Smallwood ..... Mt. Sterling, KY

Cecil Clark ..... Nixa, MO

Timothy Endicott ..... Cottage Hills, IL

Roderick Hodges ..... Waynesville, MO

Darin Rock..... Centralia, IL

Terry Whittle..... St. Louis, MO

## Clothing Allowance

By Brent Follas, NSO Candidate



Below are some frequently asked questions about the Annual Clothing Allowance. If you have any questions or concerns regarding your Clothing Allowance benefits, do not hesitate to contact your local PVA National Service Office. Contact information can be found inside the front cover.

**WHO IS ELIGIBLE FOR AN ANNUAL CLOTHING ALLOWANCE?** Veterans who wear or use a qualifying prescribed prosthetic or orthopedic appliance and/or prescription medication for a service-connected disability or skin condition may be eligible for an annual clothing allowance. To be eligible, the appliance must wear or tear clothing, or medication must irreparably damage the veteran's outer-garments.

**WHO IS ELIGIBLE FOR MORE THAN ONE ANNUAL CLOTHING ALLOWANCE?** Effective December 16, 2011, Veterans who wear or use more than one qualifying prescribed prosthetic or orthopedic appliance and/or prescription medication for more than one service-connected disability or skin condition may be eligible for more than one clothing allowance. To be eligible for more than one clothing allowance, the qualifying appliances must wear or tear more than one type of article of the Veteran's clothing and/or medications must irreparably damage more than one type of the Veteran's clothing or outer-garment.

**WHAT APPLIANCES ARE INCLUDED?** Appliances such as an artificial limb, rigid brace, wheelchair, crutches or other appliance prescribed for the Veteran's service-connected disability. Non-rigid appliances, such as knee, ankle, or elbow sleeves are not included. Multiple appliances/devices providing similar compensation for the same disability cause damage to similar clothing items and therefore are considered as one appliance relative to clothing allowance eligibility. Examples include: 1) a hand-cycle and a wheelchair utilized by a paraplegic; and 2) a running limb and everyday walking limb used by an amputee.

**WHAT MEDICATIONS ARE INCLUDED?** Any medication prescribed for a service-connected skin condition that causes permanent stains or otherwise damages the Veteran's outer garments.

**WHAT TYPES OF CLOTHING ARE INCLUDED?** Clothing such as shirts, blouses, pants, skirts, shorts and similar garments permanently damaged by qualifying appliances and/or medications are considered in clothing allowance decisions. Shoes, hats, scarves, underwear, socks, and similar garments are not included.

**WHEN SHOULD I EXPECT PAYMENT OF THE CLOTHING ALLOWANCE?** Applications are accepted and processed throughout the year; however, payments for the current annual clothing allowance year are paid out between September 1, and October 31.



### Accessible Home for Sale

Wheelchair Accessible Home in Eureka, Missouri. 4+ bedrooms, 3 baths, 2,152 sq. ft. Ranch with a 3-car garage on a cul-de-sac. Open floor plan with wood & ceramic tile flooring throughout the main level. Master bedroom suite with a walk-in shower. Professionally installed chairlift to the lower level. Lower level bath with zero-entry roll-in shower. For more info visit our links:

<http://www.melaniecooperteam.com/defaultlistings.x?ListID=694130> (or)

<http://www.marismatrix.com/matrix/shared/wCZsRgv0pRDd/2MeramecBluffsCt>



## New Flag

By Lanna Brickhaus

Stetson Brickhaus did an Eagle Scout Project for the Gateway Chapter of the Paralyzed Veterans of America. Stetson has known member, Bobby Jackson, all of his life because I am Bobby's aide (and Stetson's Mom). Stetson always wanted to do a project honoring the veterans in some way. With this Eagle Scout project, he could fulfill that dream. Since the chapter had no flagpole at their new building, this is what Stetson decided to do for his project – a new flagpole, flag and light.



**A few of our Board members next to our new flag.**

Now, in order for a young man to become an Eagle Scout, he must complete 21 merit badges and a project. He has to plan, direct, and execute the project with only the help of friends and family. This includes deciding on the project, drawing up plans, and getting approval from his troop, district, and the beneficiary, in our case, the Gateway Chapter PVA. An Eagle Scout has to get all of the plans approved within the city/area he's doing the project and acquire permits, if necessary (which sometimes turns into a project within itself). Then the final approval needs to come from the Boy Scouts of America. It's a long process, but well worth the effort.

Our family would like to take this opportunity to thank all of you for being a part of our extended family and for letting us get to know so many of you. We hope that many of the members will be able to enjoy the new flag and lighted flagpole. It's been an extreme blessing for our children to be a small part of the Gateway Chapter's commitment to all of you!!!!



**Stetson and SBA, Fred Bradley raising the flag.**

## Gateway's Most Important Annual Fundraiser

By Susan Lyle, Executive Director

Our 18th Annual Jack Buck / Gateway PVA Golf Tournament date has been set. As noted on the back cover of this newsletter, our event will be held on Tuesday, September 10. It will once again take place at The Landings at Spirit Golf Course in Chesterfield, Missouri.

We could really use auction items (both silent and live), as well as hole sponsorships (\$200), golf teams (\$800), and corporate sponsorships (any level). Anything you can donate would be greatly appreciated as this is our most important fundraiser of the year! If you know of any businesses that may be interested in donating an item or gift certificate, please let me know. We would be happy to arrange for pick up of any items. Also, if you need more information about our annual event or would like to register a team, a form can be mailed or emailed to you or to anyone you know. Please contact me at 314-427-0393. As always, thank you for your help!!!





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## A Surprise Donation

Our friend, Bob, attended the wedding of his niece in Arizona and when he learned of donations in lieu of wedding gifts being made to another charity, he persuaded (cajoled) a separate donation for this year's Jack Buck/Gateway PVA Golf Tournament.

This year's September 10, 2013, golf tournament will be our 18<sup>th</sup> Annual and is our biggest fundraiser of the year. This event enables Gateway to sponsor members to attend sporting events, as well as provide monthly luncheons held at the SCI Unit.

We are in desperate need of auction items like gift certificates from area merchants, so please help make this fall's tournament a success by doing your part.

- Stan Brown, Gateway President -



Gateway's best friend, Bob Rives, of Professional Equities, pays a surprise visit at the June Board of Directors' meeting and delivers a sizeable donation.

## Accepting Member Nominations for the 2013-2014 BOD

By Susan Lyle, Executive Director

This edition of the *Gateway Gazette* includes an insert to complete and return, which allows Board Members and Officers to be nominated for our upcoming fiscal year (October 1, 2013-June 30, 2014, which for this one year is only nine months as we change fiscal years). Please take the time to pull out the insert and carefully choose dedicated, energetic Gateway members who you feel would best represent the chapter. You may nominate yourself, but don't forget to start campaigning so you can receive votes from your peers when the ballots are mailed! The enclosed nomination form must be returned to our office by July 30, 2013; the return address is printed on the back of the nomination form for your convenience. All you need to do is fold the nomination in thirds, tape the top and place a stamp.

All BOD positions are open and take a commitment on behalf of the nominee, so make sure you have discussed your nomination with the members of choice. Each nominee will be contacted by our office to confirm their interest in running for a specified position. Officer positions require more time than a Board of Director position. You need to be committed as an officer or Board member. At times all Board members are asked to help with fundraising, i.e. soliciting gift cards and auction items for our annual golf tournament. In addition, all positions are required to attend monthly board meetings, special events, and other functions on behalf of the chapter. The ballots will be counted during our quarterly membership meeting at Jefferson Barracks on Thursday, September 19. Nominate wisely—Vote carefully!

# MIA

Michael Acton  
Kenneth Frye  
Steven Gore



*Have you seen or know the whereabouts of these members? They are in danger of being dropped from the PVA roster. Please call us, write to us, or e-mail us if you know where they are! Our contact info is inside the front cover.*



## Joblinks Employment Transportation

Joblinks seeks to open employment opportunities for our disabled veterans by ensuring the availability of transportation.

From their website, "Joblinks promotes local partnerships that help veterans, including returning Iraq and Afghanistan service members, get to employment and employment support services. We also provide information and advice on transit and ridesharing strategies that could benefit active duty service members and their families."

For more information and additional resources, please visit their website:



<http://web1.ctaa.org/webmodules/webarticles/anmviewer.asp?a=2643&z=103>

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 <h1><u>July</u></h1> 						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
				Happy 4th of July! Office Closed July 4-5 		
7	8	9	10	11	12	13
		BOD Meeting @ GPVA—11:30 a.m.				NVWG Tampa, FL July 13-18
		15 pts. non-BOD Mbr.				
14	15	16	17	18	19	20
				Member/Patient Luncheon at JB @ Noon 5 pts.		
21	22	23	24	25	26	27
					MDWSA Summer Splash at Creve Coeur Lake (See pg. 2) July 26-27	
28	29	30	31			

 <h1><u>August</u></h1> 						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
	Newsletter Articles Due				KC Member Forum @ 1 pm Hall of Heroes 5 pts.	
11	12	13	14	15	16	17
		BOD Meeting @ GPVA—4 p.m.		Member/Patient Luncheon at JB @ Noon 5 pts.		Veterans Appreciation Day at High Ridge Elks Noon-6 pm 10 pts.
		15 pts. non-BOD Mbr.				
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**MEMBERS!**  
 Don't forget to return the enclosed  
 BOD Nomination Form to the GPVA  
 Office by July 30!

Gateway Chapter  
 Paralyzed Veterans of America  
 1311 Lindbergh Plaza Center  
 St. Louis, MO 63132  
 Address Service Requested



**MARK YOUR  
 CALENDARS!**

**18th Annual Jack Buck /  
 Gateway Chapter PVA Golf  
 Tournament**

**September 10, 2013**

**The Landings at Spirit Golf Club  
 180 N. Eatherton Rd.  
 Chesterfield, MO 63005**



*"Veterans with Spinal Cord Injury or Disease, Living Life to the Fullest"*