GATEWAY GAZETTE

The Official Publication of the Gateway Chapter Paralyzed Veterans of America



Gateway PVA President Stan Brown speaking to students and instructors at the Kuk Sool Won Martial Arts Academy in St. Peters Missouri during PVA Awareness week (PAW). This was just one of more than 185 events hosted by local PVA chapters across the country. President Brown told the students about how he was injured and the types of injuries and illnesses PVA members have and issues our members face day to day related to living with SCI/D.

SERVING THOSE WHO SERVE

PVA and Rebuilding Together marked the conclusion of accessibility modifications to the home of PVA member Jay Briseno, Jr. on Monday, March 27 with the debut of the newly modified home in Manassas Park, VA. The modification project was part of 'Serving those who Serve," a program dedicated to modifying the homes of newly injured military personnel coming back from Iraq and Afghanistan.

As a C-2 quad paralyzed from the chin down, Briseno faced numerous challenges upon his return from Iraq. Rebuilding Together helped him and his family over come some of these obstacles, by increasing his mobility inside the multi-story home and thereby improving his quality of life. Among the renovations made to the home was the installation of a roll-in shower, screened-in porch and gaspowered generator to serve as a back-up system for Briseno's life support equipment.

Serving those who Serve incorporates accessible design into the modification plans of the homes for service members in four areas of

injury: mobility impairments such as Briseno's (paralysis as well as amputations), loss of sight, loss of hearing, and traumatic brain injuries.

The goal is to facilitate accessibility and to improve the quality of life for the newly injured by easing their transition back into the home. Eligibility for the program requires proof of service in either Operation Iraqi Freedom or Operation Enduring Freedom, and a severe service-related disability. They or a family member must own the home where the work will be performed.

To learn more about the program, go to their website at http://www.servingthosewhoserve.com

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Has your address changed? Please inform us by email to: ddurrwachter@gatewaypva.org, or writing or calling using the below information:

Gateway PVA 9040 Lackland road St. Louis, MO. 63114 (314) 427-0393 (800) 426-4058 FAX (314) 427-4183 Scholarship Money Available for 2005-2006 Academic Year

PVA established an Educational Scholarship Program to assist PVA members and their immediate family members in gaining a post-secondary education from accredited colleges and universities across America. For the upcoming 2006-2007 academic year, PVA will be offering both full-time (\$1,000) and part-time scholarships (\$500).

This program is open to PVA members, their spouses and unmarried children, under 24 years of age. Applicants must be United States citizens and accepted or enrolled in a degree program.

Applications must be received at the PVA National Office no later than June 15, 2006. To obtain the appropriate instructions and application forms, please contact either your local PVA chapter or Patricia Hoover at 800-424-8200 ext. 619, or email her at TrishH@pva.org.

SCI Support Group for veterans at the KCVAMC.

Kathryn Ricker, LMSW Coordinator SCI & Clinic Operations Physical

Medicine & Rehab Service (117) Kansas City VAMC

Telephone: 816-922-2740 extension 57563

Fax 816-922-4647

Spinal Cord Injury Support Group

2nd Wednesday Monthly

10:30-11:30 Rehab Department - room 020 Group open to all veterans with Spinal Cord Injury

Accessible House for Sale

Very nice floor plan. Utility area off of newly remodeled kitchen. Has dining room, and huge living room with big picture window. Very nice sized master bedroom. One of the bedrooms was just done with a faux paint job. New hardwood floors. It has 1 full bath and a 3/4 bath with a roll in shower and also a roll under sink and wooden ramps to enter at the front of the house. Beautiful Lot. The house is only about a block from public transportation and about 1 1/2 miles to Wal-Mart, Schuncks, Blockbuster, fast food, and other restaurants. The house is located on the east end of Belleville on a dead end street 10 minutes away from Fairview Heights. For more information please contact my realtor, "Bob Doussard, www.thedoussards.com (http://www.thedoussards.com) or 618-779-9900" or me at 618-410-0588 Asking \$120K Dave Barnes

The material contained herein expresses the opinions of the writer and not necessarily the opinions of the editor or the Gateway Chapter, Paralyzed Veterans of America. All material in the *Gazette* may be reprinted unless specifically prohibited. Readers are encouraged to submit their articles or rebuttals to:

ddurrwachter@gatewaypva.org or in the US mail at address shown to the left and mark with attention to the editor.

President's Report

By Stan Brown

As I began my column on April 15, the colors, sounds, and smells of this Spring season, some would say summer after yesterday's record temperatures, has overtaken Missouri. With this season a feeling of renewal and hope cannot help but enter the thoughts of even the most jaded wheelchair veterans like myself. Longer days and more sunlight chase away those drab, cold, short January days. I've said it before but can't resist one parting comment on the last season: I HATE WINTER.



It is indeed a season of change for the Chapter. The contract for sale of our building is now final; we're obligated to move no later than July 1. I have spent the last three weeks with the approval of the Board, negotiating a final price while considering our flat roof needs replaced. The last several weeks several board members and I also been inspecting other properties to lease. We originally had hoped to purchase a building we could afford, renovate, and move into in a timely fashion; we found no such building. Our long-term plans are to lease for a minimum period of time, rebuild our savings, and again invest in property. Since the last newsletter I explored with the appropriate VA authorities the possibility of occupying free or with minimal expenditures, space at the Jefferson Barracks complex. Because the complex is beginning its own renovation and expansion of the cemetery, there was no suitable space offered.

In the last newsletter I stated we were beginning to move forward to again be on sound financial grounds. I am extremely pleased to say progress continues. The trap-shoot program begins April 21. The board authorized a stipend for several individuals attending the Winter Sports Clinic. There are two events planned to raise funds for the Alaska Games. The second event is a charity motorcycle rally/tour the first weekend in June at the Lake of the Ozarks. The event is sponsored by the Central Missouri Stars, a family motorcycle organization that contacted us after reading our stories in the St. Louis Post-Dispatch. We've added to our savings and started this month (April) our van transportation program again after a six-month hiatus. We are now transporting a total of six outpatients on Wednesdays and Thursdays. It was however a shaky start! On a test run with the driver and no passengers other than me, the van broke down a couple of blocks from the Chapter on a return. After a complete tune-up, new battery, and new tires, altogether totaling \$997, we started the service of transporting members in need the next week. Our continued savings as a chapter are also directly related to the fact we are now down to 1.5 paid staff persons, Susan Gokenbach our Executive Director and Tiffany Ellis her new part-time assistant, when once we employed five people. Our driver one day is paid from a grant and the other day we have a volunteer. The last six months Susan has basically done the job of three or four people. Her long hours and tireless efforts have made our comeback possible. Thank her when you see her.

Any member reading this newsletter needs to be aware there is a Paralyzed Veterans of America Disaster Relief Fund that has available up to \$2500 per individual or family for assistance. Individuals who suffered loss due to the recent tornadoes may qualify for funding. If you think you might qualify please contact your National Service Office (NSO); for the Gateway Chapter it's Fred Bradley or Rodney Harris at (314) 552-9887.

In closing I would be remiss if I didn't mention the passing of longtime friend to paralyzed veterans-Duke McDonald. He was a Marine veteran of the Korean War and I had the honor of attending a VFW and Korean War Veterans ceremony in DeSoto the night before his internment at Jefferson Barracks Cemetery. Teary-eyed veterans, some with canes and others with walkers and portable oxygen, came to the casket, saluted and paid their respect. We all have our memories of Duke at the luncheons, the bowling alley, in the crafts room, or wherever we were-Duke was there. If you ever needed anything for the paralyzed veterans, Duke had one response: "I'll see what I can do." And indeed Lucian R. "Duke" McDonald would take care of it. Our blessings to his family. We are so enriched that he was part of our lives.

In memory of....

	O'Eallon MO	10/192005
	O'Fallon, MO	
	Patton, MO	10/24/2005
	St. Louis, MO	10/26/2005
	Fredericktown, MO	11/16/2005
E	Glencoe, MO	11/24/2005
	St. Louis, MO	02/22/2006
	Independence, MO	02/28/2006



Callahan, Richard Kalal, Frank B Felton, Gregory Walker, Leonard E McKinnon, Harold Fach, Robert O O'Neal, Dale J

Attaboy!

By Ruth Kult

HI FOLKS! HELLO, HELLO, HELLO AGAIN,

Here I am.



A little while ago a gentleman by the name of Dennis Durrwachter had mentioned that it would be a good time to give the new Recreational Therapist, Amy Will an Attaboy. This is to let her know of the unanimous opinion of her doing a great job. I didn't want to give her a big head much like Mr. Bighead himself, James Williams. But now knowing her a little better, I know that will not happen.

Some, well probably most, don't know that Mrs. Amy, like many, does a juggling act between her job, her house and her family. She and her husband Dan are raising two small adorable children. Aerial her little girl, is much like the princess. She's just like her mom. Her fiery little boy, Riley is quite the character. The typical little boy. From what I hear, he's a big fan of tractors. He'll be taking care of the yard in a few years.

At first I thought there would be absolutely no-one that could fill Jennifer (Tobey) Hahn's shoes, but boy was I ever wrong. Don't get the wrong idea, Jennifer could never be replaced. But one of the many outstanding and most unforgettable things Jennifer did for countless others, myself included was to make you believe in yourself and give you the "can-do" attitude. Jennifer started the ball rolling and Mrs. Amy picked it up without a blink of the eye and took off full speed ahead.

I admit Jennifer was great, but Amy has proven to be great also.

Talk about a bang up job, she does it. For instance, during the fundraisers, which are usually on weekends, instead of blowing it off because of no babysitter she'll do the next best thing and bring the kids with her.

Amy is a very good therapist. The next best thing to her knowledge of being an awesome therapist is her likeability. You can't help but like Amy. She makes you feel like you've known her for years.

Has anyone else ever noticed that all of our therapists just seem to fit? When it comes to Amy it's like she was never new here, it seems like she had just been away for a while. Now she's back, ready for her next step.

Thanks for reading.

Memories of **Duke McDonald**

By Ruth Kult

Hello everyone,

If you didn't know, we lost one of the finest individuals to ever set foot on this land on April 8. One of the greatest friends to veterans especially to the Veterans at the Spinal Cord Unit at Building. 52 at Jefferson Barracks Hospital.

The one and only Duke McDonald, judge advocate and service officer for VFW Post 1831, the big-hearted Marine from Desoto, Missouri.

I have heard the old saying, "Once a Marine, Always a Marine. I recently lost my father and just going to Duke's wake the other evening was a little bit more than I can take. I'm not too emotional, but talking to his sister and his granddaughter at the wake choked me up. From my short conversation with them I realized they didn't know half of the lives that Duke touched. Not only family, but also hundreds or thousands of friends. He befriended so many people. He helped the homeless veterans in a very major ways. He went as far as attending their funerals so they would have at least one attendee other than a minister. What a wonderful person, ole DUKE was.

Duke reminded me so much of my own recently departed father, it was kind of strange. Of course Duke was a die-hard Marine all the way. My dad was strictly a Navy man. They were both extremely proud of being veterans. They both loved their country: Maybe this is why they seemed so similar to each other. The desire to provide services to others was the ultimate gift given to each of them.

Duke was and always will be the best. He'll be extremely missed by pretty much everyone. He touched so many lives.

When Thursday came around, this was his day. He loved it when there were a lot of Spinal Cord both in and out patients down at the bowling alley. He helped in getting the funds to refurbish some bowling equipment. A quick note: Because he won't be there doesn't mean don't go. Go with the special memories of the Dukester.

I've heard many great stories from him and about him. One that really gets to me is how he took from his own time and resource to take a blinded veteran fishing every year. This just shows you how kind he was.

I just wanted to give him a little of the RESPECT and the PRAISE he deserves.

No doubt of the emptiness his absence will leave. We have to remember happy thoughts of him.

Thanks for reading.

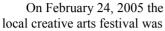
WARNING

An organization called Veterans Affairs Services (VAS http://www.vaservices.org/us/index.html) is providing benefit and general information on VA and gathering personal information on veterans. This organization is not affiliated with the VA in any way.

VAS may be gaining access to military personnel through their close resemblance to the VA name and seal. Our Legal Counsel has requested that we coordinate with DoD to inform military installations, particularly mobilization sites, of this group and their lack of affiliation or endorsement by VA to provide any services.

Local 2006 Creative Arts Festival

By Becky Ballard



held in the JB GYM. In typical fashion members of Gateway PVA Chapter held their heads high as numerous members went home winners.

Jim Schmidt dazzled the audience with his music and poetry. He received first place medals for each entry and was voted by his peers the BEST in show for performing artists. Way to Go Jim!

Richard Jones awed his audience with his multi media drawing of multiple faces and body images and for the first time since he has entered won 1st place in this category. By the way, the Lewis and Clark library is planning to hold a one man art exhibition of Richard's work later this year. Richards work is fascinating and I will keep you informed as to when his work will be on display.

It was a clean sweep for the PVA in the glazed and painted ceramic category: John Skies 1st, James Sullivan McGuire 2nd and Robert Boos 3rd. Darryl Maxwell and Allen Hunt received 1st place in the categories of plaques painting and stained ceramics both painted life like eagles. Chester Spangler and Ruth Kult received 2nd and 3rd place respectively in the category of stained ceramics.

Jerry Jones was surprised to win 1st place in the plastic model category. He thought he could do better so we'll expect Best of Show next year. A Binge tiger caught the judge's eye and brought Deny Canoy a 1st place in stained glass. He also received a 2nd place for a mosaic stone. Robert Bruns got creative and built a "Crazy Bird House" from a kit and took home the gold in the model building wood category.

No local festival would be complete without a piece of ceramics painted by Marin Foster. Marvin is a C-4 quadriplegic and paints with a brush held in his teeth. So for those of you who say "I can't, just talk to Marvin and he'll set you straight!

The creative arts festival is a wonderful opportunity for all veterans to display both visual as well as performing arts talents. The first place winners will now go on to be judged in a second show resulting with the winners of that competition making their way to Grandfalls, North Dakota, the site of the 2006 National Creative Arts Festival.

Mark your calendars now for the 2007 national festival which St. Louis VAMC has the honor to host. The date for the main show and art display will be Oct 28th 2007 at the Touhill Performing Arts Center located on the UMSL campus. You will not be disappointed with the show or art display. Many thanks to all veterans that participated because without YOUR talents there would be no show!

Hospital Liaison's Report

By Matt Wilcox

I have been an inpatient at the SCI/D Center with an infection. It is where I needed to be for my



care, but it has also been an eye-opener as far as the daily activities! Overall my care was excellent. However, there is a lack of professionalism primarily on the evening shift. Several patients have had problems with staff members that appear stressed-out or state that they are overworked, they are impatient, unfriendly and deliver minimal care; examples pertain to the time devoted to giving showers. The perception is that some staff members want to get patients to bed quickly so that they can sit down. Sometimes staff members inform patients that they have to give medications and do bowel programs, so they won't have time for anything else. Staff members also talk among themselves while in a patients room about other patients, other staff members and how overworked they are. The chapter met with Dr. Thomas March 30th. Dr. Thomas agreed this was unacceptable and has already addressed specific issues.

The Charter Group that works on patient care at John Cochran will meet soon. Any time a member is there for a clinic or as an inpatient and feels something was done improperly they should let someone know.

A decision has been made concerning the Social Service Assistant position. The interview panel having reached a consensus that the applicants did not fully meet our expectations, a decision was made to not fill the position but rather distribute its functions among two currently part time employees who in turn were converted to full time status, i.e. the 2nd social worker and the 2nd recreational therapist. Furthermore the peer counseling aspects of the position will be covered by the peer support committee and its volunteer counselors.

Lastly, the representation on the Major Medical Equipment Committee will be effected by a Physical Therapist and by both Dr. Huskey and Mr. Brown, who will have a "work-withoutcompensation" status and thus access to Privileged Health Information.

MIA

Have you seen or know the where these members are? They are in danger of being dropped from the PVA Roster. Please call us, write to us or Email us if you know where any of these members are! Contact info is on page 2.

Conner, George Cox, Steve D Kocina, Chad B McInnes, Edgar H Miller, Ronald L Ohen, RobertL

Interesting Web sites: http://www.benderconsult.com/index2.html http://www.neuro.wustl.edu/sci/statisti.htm

http://www.mayoclinic.com/ http://www.ilru.org/



Sports Report

By Joey Avellone

The St. Louis team dazzled participants and was envied by all at the 2006 Winter Sports Clinic at Snowmass, CO. We had the sharpest looking uniforms on the mountain that were donated by Duke McDonald, who passed away Sunday, April 9th. A good marine, he was an exemplary volunteer and tremendous fundraiser for the St. Louis Wheelchair Veteran Athletes. He'll be missed but not forgotten. Undoubtedly he was proud of every Gateway Disabled athlete who participated in this year's Winter Sports Clinic. The Gateway disabled athletes included: Aubrey Youngs, Ann Mulbarry, Sheri Craven, Rayetta Reed, Rose Ganz, Ruth Kult, Jamie Bollinger, Joel White, Mike Norris, Bud Boyle, and last but not least, yours truly Joey Avellone. If Admiral Nimmitz were still alive, he'd say the same thing about us that he said about the Marines who fought at Iwo Jima... "Uncommon valor was a common virtue!"

St. Louis kept the prestigious Linnie Howard Spirit Award in the family; Ruth Kult won the coveted award last year when she impressed the coaches and organizers of the Winter Sports Clinic. This year I won the award for the team, one more time. Not only did I bring home the Spirit Award, I also won MARINE OF THE YEAR during a surprise ceremony. The last day of skiing the crowd was astonished below at what was flying through the air. I ziplined 1400 feet down the mountain at 55 mph while dangling at 40 feet in the air with a 5 foot American flag tied to the back of my ski shown in the top left picture above. I was the first person ever in the world to accomplish this while sitting in a bi-ski. It was a moving experience with the flag waving gallantly in the air over the skyline of Snowmass Village. I noticed the zipline on my first run on Monday. I asked the instructors if I could try it and they immediately said no, claiming that it was too dangerous. They did not think the head honchos of the W.S.C. and Challenge Aspen would agree to it. However, after a lot of smooth talking by me and some serious testing, they let me fly. (if you want to see more pictures, e-mail me)

Semper Fi,

ELKS NEWS

By Ken and Jan DeClue, High Ridge Elks Lodge 2455

POOL TOURNAMENT

The High Ridge Elks lodge 2455 will host their 6th annual Armed Forces Day Wheelchair Veterans Pool Tournament Saturday, May 20, 2006 from noon till? Come out and join us for a day of fun, good food and beverages. Entry fee is \$2.00. Trophies for 1st, 2nd, and 3rd place will be awarded.



FUND RAISING RESULTS

Since last September when we had our Veteran's Appreciation Day, the Meat Shoot in January and March we have raised over \$6100 for the Wheelchair Veteran's Sports Team. I want to thank everyone for helping to make these events a success. By the way, our Lodge has the honor of being the #1 Lodge in Missouri for helping our Veterans. Jan, I, and our grand-daughters, Danielle and Cassidy DeClue are proud to be a part of it.













On this page and page 8 are a few of the many pictures taken by Whitney Perry at the Winter Sport's Clinic in Snowmass Colorado. Thanks for the pictures Whitney! It looks as though once again everyone had a good time!













Veterans with Spinal Cord Injury or Disease Living Life to the Fullest

Gateway PVA Trap & Skeet Shoot 2006



Shoots are held at **Olin/Winchester Shooting Facility** in East Alton, IL **Mark your calendars for the following dates:**

April 21, 2006 May 19, 2006 (tentative) June 23, 2006 July 21, 2006 August 18, 2006



September 15, 2006 - Shoot for the Gold

All shoots begin at 10:00 a.m. and finish between 2:00 and 3:00 p.m.

You must participate in at least 3 shoots to be eligible to participate in the Shoot for the Gold Tournament on September 15, 2006.

You can bring your own gun or use one of Olin's. You must use their ammunition; \$5.00 per round (25 shells).



Anheuser Busch provides our lunch! R.S.V.P. by calling the hotline: 314-372-2456

Attendance prizes will be given. Must be present to win.

Directions: Take 270 East to IL Route 3 North to Highway 40, 111 (Bethalto Exit). Go right. Continue to Powder Mill Road and go right. The entrance is the 2nd driveway on your left.

Olin - Rt. 140 & Powder Mill Rd., East Alton, IL 62024 618-258-2630 or Cal's cell 618-531-5308 www.shootwinchester.com

HAPPY BIRTHDAY TO OUR MEMBERS BORN IN MAY AND JUNE!

Frank Matthews	May 01
John W. Manley	May 02
Larry W. Adamson	May 03
Matthew G. Gerber	May 03
William D. Jarvis	May 03
Robert Melchior	May 03
Dennis L. Bazant	May 04
Eleanore S. Endebrook	May 05
Donald J. Fitch	May 06
Randall E. Kiger	May 06
Kenneth L. Biggs	May 07
David C. Mangold	May 07
Saundria M. Silva	May 07
James Sullivan-McGuire	May 07
Steve E. Price	May 08
Floyd G. Moore	May 10
Ronald L. Miller	May 11
Frederick L. Claxton	May 12
William S. Nesheim	May 13
Francis R. Gardner	May 14
Shelby L. Stone	May 14
Eric D. Cameron	May 15
Scott B. May	May 16
George E. Moore	May 16
Robert L. Killeen	May 18
Lynn C. McGrane	May 19
James M. Teter	May 19
James Tabron	May 20
John Childs	May 21
James Logsdon	May 21
Pamela J. Fitzpatrick	May 24
John Haddon	May 24
Anthony W. Miller	May 24
Donald Bagby	May 25
Donald C. Moore	May 25
Don A. Burchard	May 26
James E. Pfeifer	May 27
Steve D. Cox	May 30
Raymond J. Radecki	May 30
Jerry L. Hemmen	May 31









Walter F. Fuchs	June 01
Daniel J. Kubreki	June 01
Denis E. Canoy	June 04
Darryl A. Lee	June 04
John C. Sikes	June 04
Angus J. MacDonald	June 06
Garry W. Downs	June 07
Edward V. Wilson	June 07
Steven H. Baird	June 08
Castro M. Galvan	June 08
Carl R. Price	June 08
Bob Larkin	June 09
Steven L. Allen	June 10
Neil C. Terhune	June 10
Clarence R. Busick	June 11
Larry C. Curry	June 12
Eddie Dilbeck	June 12
David K. Shetley	June 12
Robert K. Werner	June 13
Donald Lowery	June 14
Clark E. Smith	June 14
Steven Reason	June 16
Richard E. Mathews	June 17
Charles W. Phillips	June 17
Jerry R. Schatz	June 17
Wayne A. Sturm	June 17
James L. McDonald	June 19
James E. Williams	June 20
Alva G. Manship	June 21
Raymond T. McDaniel	June 21
Charles C. Davolt	June 22
John Eichorn	June 22
Robert L. Huskey	June 22
Dale W. Thomas	June 24
Dennis A. Shaw	June 25
Thomas E. Magee	June 26
Dawn L. Onstott	June 26
Kathleen K. Wayne	June 27
Robert P. Bruns	June 29
Tecumseh Long	June 29
Richard P. Zegers	June 29
Marvin H. Byas	June 30
John M. Coon	June 30
Edward Partlow	June 30

Point Categories

- 1 Attend a chapter function (JB monthly lunch, other activities such as Lone Elk Park outing, etc. 10 pts
 2 Attend a community function as a chapter representative 10 pts
- 3 Attend a quarterly membership meeting as a non-board voting member or affiliate Member 15 pts 4 Attend monthly BOD
- meeting as a non-board member. 10 pts 5 Chair an active committee of the GPVA
- 25 pts 6 Actively serve on an active committee of the Gateway Chapter PVA. (As determined by committee Chair) 15 pts
- 7 Published original submission to the bi-monthly newsletter (1 per year for Pres and VP) 15 pts
- 8 Sign up a new voting Gateway PVA member 25 pts
- 9 Volunteer in the chapter office by calling members working on the newsletter or other inoffice tasks 15 pts
- 10 Attend a Gateway PVA Sports Fundraiser 10 pts
- 11 Direct fundraising efforts (sales): receive points for every \$50 raised 5 pts
- 12 Authenticated Peer Counseling 5 pts/hour

May 2006						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9 BOD Meeting Overland 11:30	10	11	Local Wheel Chair Games 9:30	13
14	15	16	17	18	19 Trap Shoot 10:00 am	20 High Ridge Elks Pool Tournament 12:00
21	22	23	24	25	26	27
28	29 Memorial Day Office closed	30	31			

	June 2006						
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
- -					1	2	3
	4	5	6	7	8	9	10
	11	12 News- Letter Articles due	BOD Meeting Overland 11:30	14 Flag Day	15 JB Luncheon 12:00	16	17
	18	19	20	21	22	Trap Shoot 10:00	24
	25	26	27	28	29	30	Summer Games at Anchorage AK

Address Service Requested

Gateway Chapter
Paralyzed Veterans of America
9738 Lackland Road
St. Louis, MO 63114

